

It's time you lose that pain

Persistent pain can impact your whole life and all aspects of it. At PainMed, we follow a holistic approach to pain management. Incorporating the latest evidence-based techniques for pain relief. Empowering you, to get your life back

Holistic Pain Management Experience.

At PainMed Pain Management Clinic in Sydney, our pain specialists treat a range of persistent pain which includes; back pain, lower back pain, spinal pain, slipped disc, herniated disc, bulging disc, sciatica pain, nerve pain, visceral pain, facial pain, headache syndromes, fibromyalgia, cancer-related pains, chronic pain and various other pain syndromes.

Our interdisciplinary pain management approach and our advanced interventional pain management solutions are key to getting our patients back to a full life.



 [Meet Pain Specialists](#)

Our approach.

PainMed's unique holistic approach addresses not just physical issues, but also the impact persistent pain has on your wellbeing; both psychologically and socially. Our 'whole-person' bio-psychosocial model of care is endorsed by the Faculty of Pain Medicine Australia (FPMANZCA).

Our core components.



MEDICAL

Our treatment may include a combination of medical therapies. At PainMed, we have a team of highly qualified specialists to cater to all your pain management needs.



PHYSICAL THERAPY

At PainMed, our team of allied healthcare professionals have specialist accreditation in pain medicine. Active-self management is our primary physical therapy approach.



PSYCHOLOGICAL THERAPY

We endeavor to provide ongoing assistance to help you recover completely from pain, even after the physical effects are gone, to get you back on track.

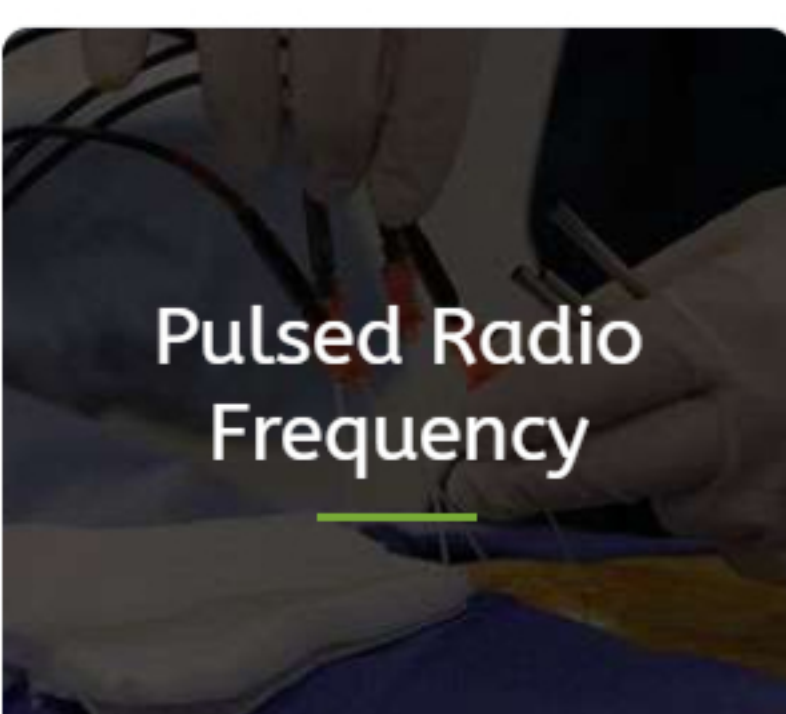
Our niche.

Interventional Pain Management

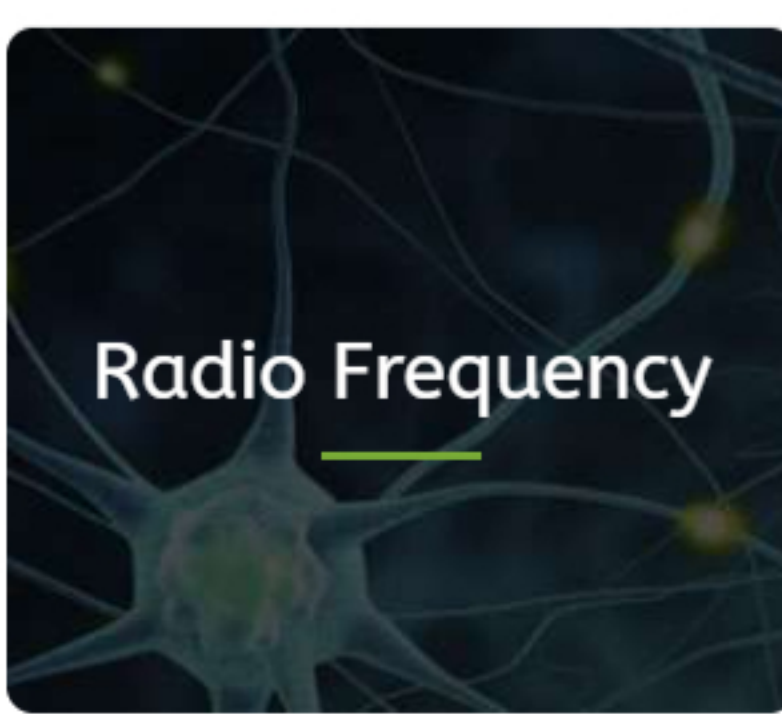
Living with pain can have a massive affect on one's ability to enjoy life and this results in physical and psychological dysfunction. The field of interventional pain management is focused on identifying a patient's source of pain and targeting therapy to those sources. Targeted therapy helps provide high quality pain relief and allows patients to cope better with their pain.



Diagnostic Injections



Pulsed Radio Frequency



Radio Frequency



Neuromodulation



Regenerative Therapy



Cancer Related Procedures

Your journey back to a fuller life.

Our patient journey starts with a comprehensive medical assessment to accurately diagnose the medical condition. This is a process that is vital for recovery.

Our core principle is 'Patient Centered Pain Care'. This is why we encourage our patients to actively participate in their pain management planning. A detailed individualised plan is drafted after your initial assessment to address the appropriateness of all the six core components of care.

Lifestyle Modifications

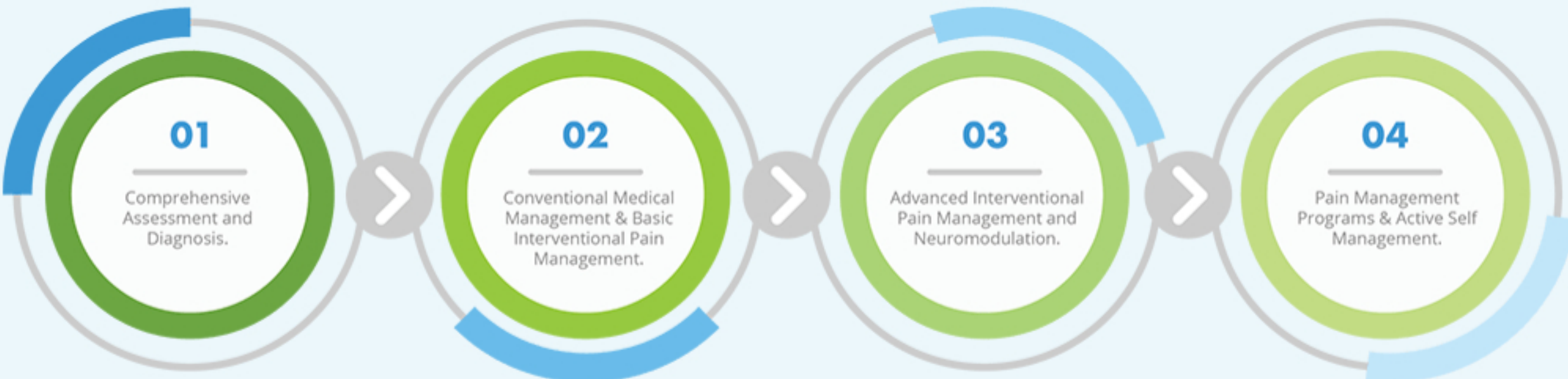
Physical Therapy

Education

Psychological Therapy

Medication

Interventional Pain Management



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Our affiliates.



Discover pain specialist Sydney, PainMed

Pain is a complex and debilitating condition that affects millions of people around the world. Chronic pain, in particular, can have a significant impact on a person's quality of life, making it difficult to perform daily tasks and enjoy everyday activities. For those living in Sydney, finding relief from chronic pain may involve visiting a pain clinic and working with a pain specialist.

Pain clinics are medical facilities that specialize in the evaluation and treatment of chronic pain. These clinics typically offer a multidisciplinary approach to pain management, with a team of healthcare professionals that may include pain specialists, doctors, nurses, physiotherapists, and psychologists. The goal of a pain clinic is to provide patients with a comprehensive treatment plan that addresses the physical, emotional, and psychological aspects of pain.

In Sydney, PainMed offers a range of services to help manage chronic pain. Our clinic specializes in specific types of pain, such as back pain, cancer pain, or neuropathic pain. PainMed also offers a range of treatment options, including medication management, physical therapy, acupuncture, and psychological counseling.

One of the most significant members of a PainMed pain clinic team is a pain specialist. Pain specialists are doctors who have received additional training in the management of chronic pain. These specialists may be anesthesiologists, neurologists, or psychiatrists, and they are often involved in the evaluation and diagnosis of chronic pain conditions. They work closely with other healthcare professionals to develop an individualized treatment plan for each patient.

Pain specialists may use a range of diagnostic tools to identify the source of a patient's pain, including X-rays, CT scans, and MRI scans. They may also perform nerve blocks or other procedures to help alleviate pain symptoms. In addition to these treatments, pain specialists may prescribe medication to help manage pain, such as opioids, anti-inflammatory drugs, or antidepressants.

In a PainMed pain management clinic, the focus is on pain management rather than pain elimination. The goal is to help patients manage their pain symptoms so that they can maintain a high quality of life. Pain specialists work closely with other healthcare professionals to provide a holistic approach to pain management that addresses both the physical and psychological aspects of pain.





PainMed is an interdisciplinary pain management service. We incorporate the most effective pain management techniques to ease your pain.

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